



Holy Rosary High School

Newsletter

7th May 2010
Term 2 - No. 4

Dear Parents and Pupils

Exam Preparation

This week I would like to dedicate this editorial to our girls. Over the past week there has been an air of nervousness and stress throughout the school.

You have all been preparing for exams as well as completing homework and research tasks, studying for tests and honouring sport and cultural commitments. Some of you are coping well as you have committed yourselves to a well-thought-out time management programme. Others are at a complete loss as they have not managed their time efficiently. It is not too late, girls!

Remember that you are two ways to reach the top of an oak tree – you climb it or sit on an acorn and wait! Waiting could take many, many years. I have found the following for you to consider:

ACHIEVEMENT FORMULA

$$C + B = A$$

Conceive + Believe = Achieve

What you CONCEIVE in your mind

And BELIEVE in your heart

You will ACHIEVE in reality.

Think about this for a while and you will realize that achievement comes from within and what you put in is what you will receive in return. Make a commitment, now, to do the best you can over the next four weeks.

I will not wish you luck - remember the quote from Gary Player (the golfer) 'the harder I work, the luckier I get' - but I will wish you well.
God bless you all.

C. Ingram

Deputy Principal : Academics

GENERAL

Prayers 

Please remember the following members of the HRS family who are in need of your supportive prayers:

✚ Those of the Holy Rosary Sisters who are not well;

- † Mrs Pinnoy (High School teacher) whose father will be undergoing chemotherapy shortly;
- † Mrs Young (High School teacher) whose father Mathys Otto is undergoing chemo and radiotherapy in Durban;
- † Ms Lamont (High School teacher) whose father has cancer and is not well;
- † Andrea Caetano (Grade 10) whose uncle is in a coma due to a brain haemorrhage;
- † Vivienne Coetzee (Grade 8) whose mother is not well;
- † Those families and teachers in our primary and high schools who have been victims of crime;
- † All members of the community who are fighting life-threatening illnesses.

Please remember all those in our Holy Rosary family who are in need, or who are suffering in any way.

CULTURAL NEWS

The results for the Presentations Festival are as follows:

Grade 8

Akhona Mbasa	Best speaker – Congratulations!
Simone Soares	Runner up – Congratulations!
Courtney Strydom	Runner up – Congratulations!
Angelique Anthony	Runner up – Congratulations!
Lauren Barger	
Michaela Agostinetti	

Grade 9

Nicole dos Santos	Best speaker – Congratulations!
Vivienne Coetzee	
Tahlia Govender	
Lorena Lesna-Maranetto	
Kerri-Lee Cunningham	

Grade 10

Sinead Morgan	Best speaker – Congratulations!
Natasha Valbom	Runner-up – Congratulations!
Micaela Ferro	
Tyla-Jade Voorhout	
Melissa Jansen Van Vuuren	
Neo Phage	

Grade 11

Melissa Smallman	Best speaker – Congratulations!
Tanielle Powell	Runner-up - Congratulations

Erica-Lesna Maranetto
Stephanie Wright
Layla Rose Steer
Claire Goschen

Grade 12

Shandre Jansen Van Vuuren Best speaker – Congratulations!
Gabi de Pretto
Gillian Couperthwaite
Jessica Auckland

These results are truly excellent and a credit to the girls and their English teachers, especially as we had some tough opposition from St Benedict's, St Andrew's, Assumption Convent and King David's. We are so proud of you all!

Mrs J. Parmenter
Head of English & Cultural

Interhouse Impromptu Speech Contest

On Thursday 29th April, eighteen brave contestants took part in the Interhouse Impromptu Speech Contest and they all gave a very good account of themselves. Thanks to these girls and to the girls who helped run the contest. Thanks, too, to Mrs Parmenter and Mrs Nixon who adjudicated.

Results were as follows:
 Winner: Melissa Smallman
 Runner-up: Sinead Morgan

House points will be announced later.

New in the Library

In a Strange Room – Damon Galgut
Kings of the Water – Mark Behr
One Day in May – Catherine Alliot
Pictyre Perfect – Jodi Picoult
Stolen – Lesley Pearse
Blue Moon – Alyson Noel
So Much for That – Lionel Shriver
A Room Swept White – Sophie Hannah
Push – Sapphire (the novel on which the film *Precious* is based)
Strike While the Iron is Hot – Madam and Eve
Scarred – Julia Hoban
Blood Promise – Richelle Mead
Before I Fall – Lauren Oliver
The Astonishing Life of Octavian Nothing: Traitor to the Nation:
 Volume 1 The Pox Party – M.T. Anderson

R Lamont

SPORT NEWS

Rowing

Sunday “New” Girls Training

The Rowing Camp letters went out to the girls yesterday. If anyone did not receive one and would like to attend the camp please see Miss Cawdry. Reply slips must please be returned as soon as possible either to Miss Cawdry or Miss Bird so we can start planning.

Due to the fact it is Mother’s Day on Sunday the 9th of May, I have decided to cancel the novice rowing this week. The new girls’ and parents’ course will continue from **Sunday 16th May** at the times below:

Parents’ Introductory Course: 15:00-16:00

New Girls’ Course: 16:00-17:30

Netball

On Wednesday Holy Rosary played against Leeuwenhof at Shanahan Park. Well done to all the girls who participated. The results were as follows:

Team	Score	Result
U14A	2-25	Lost
U14B	5-22	Lost
U15A	9-11	Lost
U15B	4-3	Won
U16A	8-22	Lost
U16B	13-16	Lost
Open A	18-18	Drew
Open B	17-24	Lost

Hockey

Last week our girls played against Brandwag. The results were as follows:

Team	Score	Result
U14A	2-2	Drew
U15A	0-2	Lost
U16A	0-1	Lost
Seconds	2-1	Won
Firsts	1-0	Won

On Tuesday our Hockey Teams played against Northcliff High. Unfortunately the U16s, U15s and U14s matches had to be cancelled due to the water logged fields.

The Firsts and Seconds played at St Benedict's on Tuesday and the results were as follows:

Team	Score	Result
Firsts	1-1	Drew
Seconds	0-0	Drew

On Wednesday our Hockey Teams played against Alberton High. The results are as follows:

Team	Score	Result
Firsts	4-0	Won
U16A	3-0	Won
U15A	1-2	Lost
U14A	2-0	Won

Please see the sports programme for all practice and match days that will take place during the exam period. A reminder that there will be study venues available for all girls until practices or matches start.

Swimming

A couple of weeks ago two of our girls participated in the Youth and Senior National Championships. We would just like to congratulate Kelly Gunnell and Dannielle Meerholz for their outstanding achievements. Kelly Gunnell finished with two Golds and one Bronze. Congratulations to both of you. We are very proud.

Sports quote for the week

“In Life, as in sports, you will try, and you will sometimes fail. There will be no apparent reward except to know that you did your best” Charles Lawrie

Ms T. Bird & Ms T. Rahme

Sport's Department

MAY EXAMS

Mid-year exams start on Monday 10th May. The girls received their exam timetables at the end of last term and should have started preparing. If you look at your daughter's timetable, you will see when each exam starts and ends. She has been told the time she needs to be at school and the time she should be picked up after the exam. Please note that this should be at least **30 minutes** before and after the exam. It is preferable for your daughter to wait for you rather than for you to wait for her.

A classroom has been set aside for girls who need to wait for more than an hour. Your daughter will be required to sign in and to sign out. This is only available to girls until 14:15 – the normal school day. Should there be any problems you are requested to contact Mrs Ingram.

On the 14th May, the girls are expected to attend Ascension Day Mass before they write their exams. The Mass starts at 08:30. They should be at school by 07:40.

SWIMATHON

We would like to congratulate the Debs and the organizers for a well planned and executed Swimathon. You all worked exceptionally hard at trying to break the record and it is greatly appreciated.

However, we are very disappointed by the lack of interest and commitment from the High School girls. As it was a compulsory event, the girls took the trouble to attend but they did not participate. They were asked to swim 20m, they did not need to wear school costumes nor were they restricted to a particular stroke. All they had to do was swim across the pool! Very few of our girls took up the challenge. What a pity!

We had a wonderful response from the boys of St Benedict's and Pretoria Boys' – at one point I wondered if it was a Holy Rosary event! Needless to say, we did not break the record and after 14 hours it was abandoned. Never mind, we can always try again.

C. Ingram

My Angel:

Natalee Fox

My angel has a heart so precious,
and sometimes her hair shines of gold.
She is full of love and kindness,
she makes my life meaningful and bold.

My angel is so smart,
always showing me the right way.
Without her I'd be lost,
I know she'll never lead me astray.

My angel is beautiful,
she is so special and like no other.
I love her,
for my angel is my mother.

**To all our mothers a happy Mother's Day and to all our girls the best of luck for exams.
Remember that by failing to prepare, one is preparing to fail, so work hard and rest well in the holidays!**

**Gabriela Figueira ~
Head of Religion**